

REMINDERS:

1. Applicants are advised to take their meals prior to coming over for their medical examination since food is not allowed within the premises and all the initial blood and urine tests do not require fasting.
2. Females within the reproductive age group are advised not to schedule their medical examination during their menstrual period. Otherwise, they will be required to come back one week after the last day of their menstruation.
3. FOR PREGNANT Applicants please bring OB_Gyne consent prior to xray
4. For inquiries and follow up and request for a copy of results please email at nationwidenz@yahoo.com

REQUIRED DOCUMENTS

A. Completely filled out downloaded forms (Please download and fill out forms to facilitate processing)

CLICK BELOW TO DOWNLOAD FORMS

B. Cook Island Medical Exam Form

C. Valid original passport and 3 photocopy of passport

For applicants who does not have a passport or already given to the embassy, please present TWO Government issued ID:

- BIR ID (laminated with photo)
- Voter's ID (laminated with photo)
- SSS ID
- Postal ID
- PRC ID
- Unified Multi Purpose ID

For children- NSO Birth Certificate and at least one form of identification with photo (e.g. school ID)

(Birth certificates issued by the Local Civil Registrar (LCR) in lieu of NSO Birth Certificates are not acceptable. For an applicant born in a country other than the Philippines, please bring the birth certificate issued by the government in the country of birth.)

D. 5 pcs passport size picture with white background

E. Please bring all medical records if available

- For applicants with history of Pulmonary TB treatment- Old Chest Xray films not less than 6 months prior to medical examination
- Medical certificate regarding a previously treated or currently managed clinically significant illness which should contain the following information:
 - Duration and date of treatment
 - surgical procedure or medical intervention done
 - complete final diagnosis
 - outcome of treatment or treatment plans and prognosis

Required Medical Examinations

Age	Required Examinations
0 - 4 years old	Physical Examination
5 - 10 years old	Physical Examination, urinalysis
11 - 14 years old	Physical Examination, urinalysis, chest x-ray (CXR)
15 years old and above	Physical Examination, Urinalysis, CXR, HIV, Syphilis, CBC, Hepatitis B Antigen, Liver Function Test

Medical Examination Fees

Age	Medical Fees
0 - 4 years old	Php1,750.00
5 - 10 years old	Php2,000.00
11 - 14 years old	Php2,500.00
15 years old and above	Php8,750.00

CHEST X-RAY only	Php900.00
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Nationwide Health Systems Aux Inc only accepts **cash payment**, Fees must be paid in Philippine Pesos.

Referrals to other clinics and additional tests deemed necessary in the course of medical examination are charged accordingly. **Medical fees are subject to change without prior notice.**